WELCOME!

Running Start Team

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Topics Covered Today

- **What is Running Start?**
- **Who can participate?**
- **What are the benefits?**
- **Issues to Consider**
- **What does it cost?**
- **How to get started**
- **Timeline and Planning**
- **Additional Resources**
- **Contact Information**

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What is Running Start?

Dual Enrollment Program (like IB, AP, CIHS)

High School   RS   College
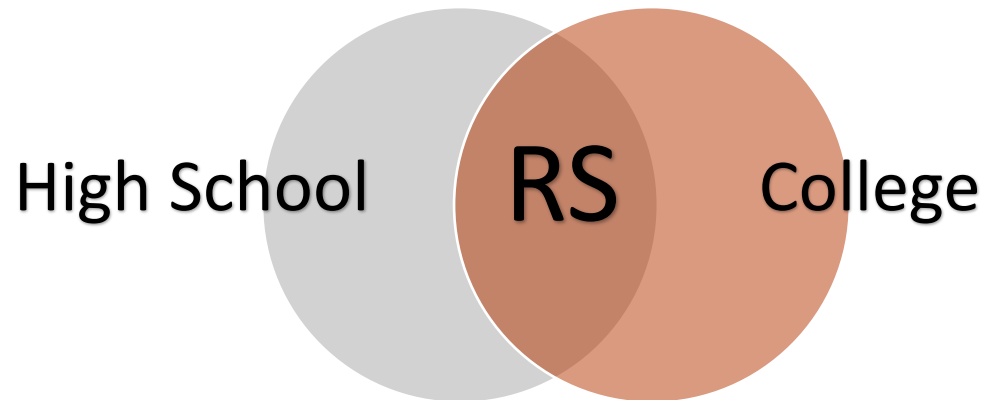
Complete high school graduation requirements while making progress toward a college level degree or certificate.
Credits can be transferred to another college or university.

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<u>**Who can participate?**</u>
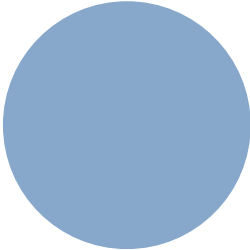
Students must have **Junior or Senior** standing (11th & 12th grade) from WA state **public high schools.** *Rising 11th graders are eligible beginning the summer quarter leading into 11th grade.*
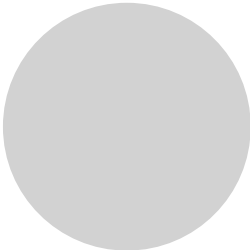
Students are eligible and welcome **regardless of residency or immigration status.**
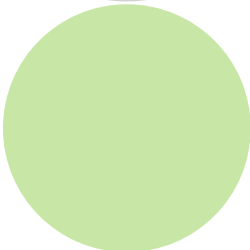
Students are free to attend **any of the 34 Washington community or technical colleges**

Students must qualify for **college level courses** by taking a placement tool, SAT, ACT or Smarter Balanced Assessment.

Running Start will only pay for **college level courses only** (100 level or higher)

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What are the benefits?

Academic

Social

Financial

❑ Gain college experience and demonstrate academic rigor on college applications.

❑ Earn up to two years of tuition-free college credit (students earn both HS and college credit for classes taken).

❑ Potential to earn an Associate degree or certificate.

❑ Take courses not offered at high school.

❑ Take part in both HS and college extracurricular activities.

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Sample College-Level Courses

American Ethnic Studies	Anthropology	Art	Astronomy	Biology
Chemistry	Communications	Computer Science	Economics	Environmental Science
History	Spanish	Political Science	Psychology	Sociology

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<u>Sample Professional - Technical Programs</u>

| Aviation Maintenance | Automotive Technology | Culinary | Diesel & Heavy Equipment |

| Landscape Horticulture | Welding | Wine Studies (18 or older) |

- Typically, not started until high school grad requirements are completed.
- Costs for equipment/materials not typically covered by RS.

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<u>Associate Degrees at South</u>

Associate of Arts (AA)

Associate in Business (AB)

Associate of Science (AS) Track 1 – Biological Sciences

Associate of Science (AS) Track 2

- Associate of Science Track 2 – Civil and Mechanical Engineering MRP
  - Note: This MRP also includes Aeronautical, Environmental and Industrial Engineering.

- Associate of Science Track 2 – Computer and Electrical Engineering MRP

Associate in Computer Science DTA/MRP (ACS)

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Issues to Consider

A student may be academically qualified for Running Start but may not be ready for college.

Academic Ability **+** Maturity **=** Success in RS

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One 5.0 credit class at SSC is equivalent to one year at the high school (1.0 high school credit).

Courses move through content quickly!

College Course	High School Credit

One
quarter
11 weeks

=

One Year

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Academic Calendars

When taking classes at the high school and the college simultaneously, breaks between terms do not line up.

Students are expected to attend college classes even when the high school is on break.

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Time Management

Students may find the independence and speed of college classes overwhelming

College classes typically demand about 2 hours of studying for each hour of time in class

College courses require a greater degree of independent study compared to high school courses

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How Many Credits Should I Take?

- This will depend on how many classes you are taking at your high school
- Your counselor will indicate how many credits you are *eligible* to take on your quarterly Enrollment Verification Form (EVF)
- Keep in mind that 12-15 college credits is full time; this typically equates to three college courses.
  - We do not typically recommend taking more than 15 credits due to the workload and will likely require you to work with an advisor for approval.

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Course Modalities

Asynchronous Learning—Online Asynchronous Instruction

Instruction that happens without specified meeting times and days. Instructors provide content, set deadlines, facilitate online discussions, answer questions, grade, give feedback, and facilitate individual and group learning. Students work independently to complete assignments, group projects, quizzes, discussions, and other activities.

- Online asynchronous classes with no required in person exams or activities are labeled OA in the class schedule
- Online asynchronous classes with required in person activities such as exams, orientations, or class material pick-ups are labeled OB in the class schedule

Online Scheduled Instruction (Virtual and Virtual/Hybrid)

Instruction that happens virtually in real-time with instructors and students. Students are expected to gather at a specified day and time in a virtual space based on a predictable and scheduled basis, and attendance at meetings is required. Depending on the class meeting pattern, there may be an expectation to meet virtually at a scheduled time combined with online asynchronous instruction.

- Online scheduled classes with no required in person exams or activities are labeled OS in the class schedule
- Online scheduled classes with required in person activities such as exams, orientations, or class material pick-ups are labeled OW in the class schedule

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Course Modalities

In Person, Web Enhanced Instruction

Instruction that occurs in a physical classroom. Instructors may use Internet-based resources, including a Learning Management System (LMS) such as Canvas to supplement in-person instruction and/or collect assignments. This class is labeled WE (In-Person, Web enhanced) in the class schedule.

In Person Instruction—(no use of web-based tools)

Instruction that occurs in a physical classroom. Instructors will not require any web-based tools for the instruction of the class. This class is labeled P (In-Person) in the class schedule.

Hybrid Instruction

Instruction occurs both in person and online. Some portion of a hybrid course requires class meetings that take place on campus at specific dates and times noted in the class schedule (attendance required). The remainder of the class instruction is online asynchronous (without a set time to attend) using web-based tools. This class is labeled HY in the class schedule.
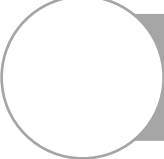
Individualized Instruction

Times and course expectations are arranged by the instructor. This class is labeled IS in the class schedule.

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Other Issues to Consider

The high school has final authority on high school graduation requirements. Students must work closely with their high school counselor.
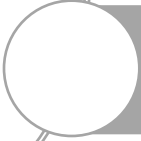
College classes are designed for adult learners. Class content will not be censored for younger students.

Poor performance can jeopardize high school graduation and future college plans or scholarship opportunities.

FERPA: Federal privacy law limits parent and guardian access to educational information about students.

Access Services are available for students with disabilities. IEP or 504 accommodations might look different than what is provided by the high school.

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Running Start

What does it cost?

Student and/or family is responsible for the cost of:

Textbooks & Supplies	Registration & Course Fees
Transportation	Tuition exceeding allowed credit limits*

*Running Start pays for a maximum of 21 credits. The amount of credit paid for depends on how many classes the student is taking at the high school. This will be outlined on the quarterly Enrollment Verification Form (EVF).

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Running Start

Fee Waiver & Book Loan Program

For students who qualify for Free or Reduced-Priced Lunch at the high school.

- All registration and course fees waived.
- Borrow books & some materials from Running Start Office at no charge.

Must have fee waiver form signed by high school counselor or have counselor indicate student qualifies for FRPL on quarterly Enrollment Verification Form (EVF).

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How to get started

Step 1: Apply
- Fill out online application to South Seattle College and receive ctcLink ID# (student ID)

Step 2: Establish Placement
- Take the English and Math Directed Self-Placement (DSP) tools & place into college level courses

Step 3: Complete & Submit Enrollment Packet
- Complete online enrollment packet found on the SSC Running Start site
- Must have a fully completed Enrollment Verification Form (EVF) signed by the student, a parent/guardian, and high school counselor (***required quarterly***)

Step 4: Meet with an Advisor
- Once your enrollment paperwork has been processed, you will be provided with instructions to schedule a mandatory advising appointment to determine your first quarter class selection & complete registration

Step 5: Books & Materials
- Purchase or borrow required books and materials for your classes

Step 6: Complete Running Start New Student Orientation
- It is essential to complete the online (via Canvas) Running Start New Student Orientation to get familiarized with campus resources, processes, and policies

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Student

Name (Last, First): _____

Phone: _____ Email: _____

High School: _____

High School SID #: _____ District: _____

College: _____ College SID/ctcLink #: _____

College Term: ☐ Quarter _____ **OR** ☐ Semester _____
(Fall, Winter, Spring) (1st or 2nd)

Consent to share FRPL/income status for purpose of college fee waiver ☐ Y ☐ N

Counselor or Authorized HS/District Administrator

☐ Check if this is a revision   ☐ Student Over 18
☐ New Student   ☐ Returning Student
☐ Homeschool Student   ☐ Private School Student
☐ Student Enrolled in Multiple Colleges (Requires separate RSEVF for each college.) Name(s) of additional college(s):

☐ Spring Quarter Eligibility Adjustment Form (SQEAF) attached.

FRPL ◊ eligibility in past 5 yrs.   ☐ Yes   ☐ No

Running Start Classes (by Student)

College Course (Dept. & Number)	# of College Credits		High School Equivalency	# of HS Credits
		=		
		=		
		=		
		=		

High School Equivalency (by Counselor/Administrator)

Running Start Funding Limit Table

Enrolled High School			Available College Enrollment	
Weekly Minutes based on high school bell schedule	FTE		Max Allowed FTE	Max Credits
0 - 8	0.00 - 0.00		1.40	21 *
9 - 124	0.01 - 0.07		1.33	20 *
125 - 224	0.08 - 0.13		1.27	19 *
225 - 341	0.14 - 0.20		1.20	18
342 - 457	0.21 - 0.27		1.13	17
458 - 557	0.28 - 0.33		1.07	16
558 - 674	0.34 - 0.40		1.00	15
675 - 790	0.41 - 0.47		0.93	14
791 - 890	0.48 - 0.53		0.87	13
891 - 1,007	0.54 - 0.60		0.80	12
1,008 - 1,123	0.61 - 0.67		0.73	11
1,124 - 1,223	0.68 - 0.73		0.67	10
1,224 - 1,340	0.74 - 0.80		0.60	9
1,341 - 1,456	0.81 - 0.87		0.53	8
1,457 - 1,556	0.88 - 0.93		0.47	7
1,557 - or more	0.94 - 1.00		0.40	6

* Students should check with college about the maximum number of credits allowed. Overages may require college approval.

Available College FTE/Credits (by Counselor/Administrator)

For the college term ᐃ above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE).

Student may register for a maximum of _____ college credits without incurring college tuition costs, based on the high school/skill center FTE above.

Student Grade Level: ☐ 11th ☐ 12th ☐ 5th Year Sr ◦

Comments: _____

High School/District Signature: _____ Phone: _____

Printed Name & Title: _____

College Signature: _____ Phone: _____

Printed Name & Title: _____

Student & Parent/Guardian Acknowledgement

I understand that:
- The student is responsible for understanding when their choice of college course and credit load will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start Funding Limit Table, the student is responsible for:
  1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or
  2) withdrawing from the excess college or high school course(s).
- Unless waived based on family income, the student is required to pay any college/lab fees charged for college classes.
- The signature below acknowledges the need to share FRPL eligibility only with the college to ensure access to tuition/fee waivers. Choosing not to disclose income status (see checkbox in "Student" section) will not affect eligibility for Running Start or free and reduced-price meals. Individuals receiving the information will not share it with any other entity or program.
- Enrollment in specific college classes cannot be guaranteed—even if the classes are needed to fulfill high school graduation requirements.
- To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
- The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
- If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether earned college credits will transfer.
- After completing their college coursework, students are responsible for requesting official college transcripts through the college's registrar's office.

Per the U.S. Department of Education, "If a student is attending a postsecondary institution - at any age - the rights under FERPA have transferred to the student. However, in a situation where a student is enrolled in both a high school and a postsecondary institution, the two schools may exchange information on that student. If the student is under 18, the parent[s] [or guardian[s]] still retain the rights under FERPA at the high school and may inspect and review any records sent by the postsecondary institution to the high school. Additionally, the postsecondary institution may disclose personally identifiable information from the student's education records to the parent[s] [or guardian(s)], without the consent of the eligible student, if the student is a dependent for tax purposes under the IRS rules."

I acknowledge I have read and understand both sides of this form, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.

Student Signature (Required) _____ Date _____ Parent/Guardian Signature (Required for students under 18) _____ Date _____

Required form every quarter or students cannot register for classes!

Timeline and Planning

❑ Students can start any quarter
- Registration for Fall begins mid-May – late-September

❑ Students must have English and/or Math placement, a completed and signed EVF, and other documentation (such as the Running Start contract) before meeting with an advisor at South

❑ Registration occurs on a quarterly basis

❑ Don't wait to register - classes fill up fast!

Running Start office is open all summer

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Contact Info

Website: https://southseattle.edu/running-start

Email: RunningStart.South@seattlecolleges.edu

Phone: 206-934-6478

Office Hours: Monday – Thursday: 8:00am – 5:00pm and
Friday: 8:00am – 5:00pm virtual services only

Location: Robert Smith Building (RSB 02) in Advising center

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Thank you!