

AANAPISI + Counseling
PRESENTS

Harvest Your Wellbeing



Fall Quarter Workshops

Thursday, Nov. 14, 1-2 Self-Care
Wednesday, Nov. 20, 1-2 Fostering Healthy Relationships

Located in AANAPISI Center RSB 12

**SNACKS AND HOT DRINKS
PROVIDED!**

Questions?

Contact

aanapisi.south@seattlecolleges.edu

Interested in joining AANAPISI?

Scan the QR Code or visit
tinyurl.com/AANAPISI-South



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