

Running Start Information Session



Running Start Team



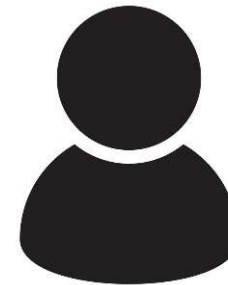
Rosália António
RS Program Coordinator



Tara Compton
Director of Advising &
Running Start



Kari Heinz
Primary RS Advisor



TBD
RS Program Specialist

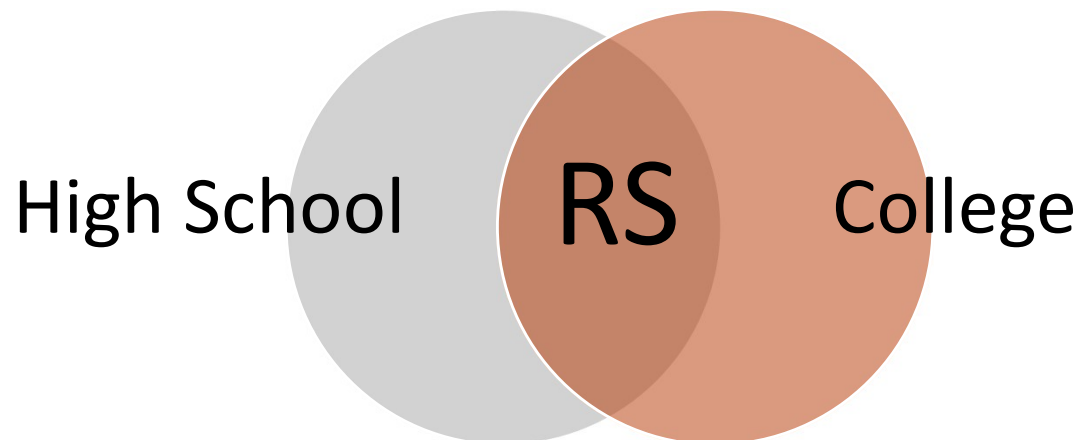
Topics Covered Today

- **What is Running Start?**
- **Who can participate?**
- **What are the benefits?**
- **Issues to Consider**
- **What does it cost?**
- **How to get started**
- **Timeline and Planning**
- **Additional Resources**
- **Contact Information**



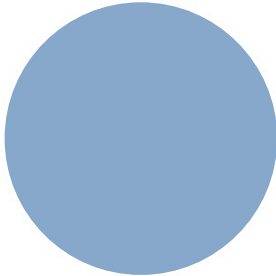
What is Running Start?

**Dual
Enrollment
Program
(like IB, AP,
CIHS)**

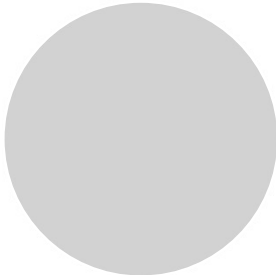


Complete high school graduation requirements while making progress toward a college level degree or certificate. Credits can be transferred to another college or university.

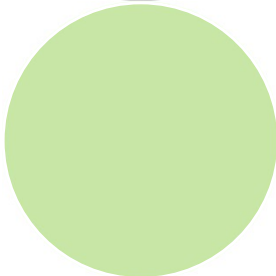
Who can participate?



Students must have **Junior or Senior** standing (11th & 12th grade) from WA state **public high schools**



Students are eligible and welcome **regardless of residency or immigration status.**



Students are free to attend **any of the 34 Washington community or technical colleges**

Students must qualify for **college level courses** by taking a placement tool, SAT, ACT or Smarter Balanced Assessment.

Running Start will only pay for **college level courses**

What are the benefits?

Academic
Social
Financial

- Gain college experience and demonstrate academic rigor on college applications.
- Earn up to two years of tuition-free college credit (students earn both HS and college credit for classes taken).
- Potential to earn an Associate degree or certificate.
- Take courses not offered at high school.
- Take part in both HS and college extracurricular activities.

Sample College-Level Courses

American Ethnic Studies	Anthropology	Art	Astronomy	Biology
Chemistry	Communications	Computer Science	Economics	Environmental Science
History	Spanish	Political Science	Psychology	Sociology

Sample Professional - Technical Programs

Aviation
Maintenance

Automotive
Technology

Culinary

Diesel & Heavy
Equipment

Landscape
Horticulture

Welding

Wine
Studies
(18 or older)

Issues to Consider

A student may be academically qualified for Running Start but may not be ready for college.



Running Start

One 5.0 credit class at SSC is equivalent to one year at the high school (1.0 high school credit).

Courses move through content quickly!

College Course

High School Credit

One
quarter
11 weeks



One Year

Time Management

Students may find the independence and speed of college classes overwhelming

College classes typically demand about 2 hours of studying for each hour of time in class

College courses require a greater degree of independent study compared to high school courses

Course Modalities

Hybrid

A portion of class meetings take place on campus at specific days and times as noted in the class schedule (attendance required). Most hybrid classes meet once or twice a week, with the remaining class activity such as discussion, homework, and content delivery taking place online at the times when the student can log in using web-based tools.

Online – Asynchronous

A course where there are no specific on-campus or online class meeting times and days. Instructors provide content, set deadlines, facilitate online discussions, answer questions, grade, give feedback, and facilitate individual and group learning. Students work independently to complete assignments, group projects, quizzes, discussions, and other activities. These fully online classes do not require campus visits although some may require exams taken on campus or proctored elsewhere with pre-approval.

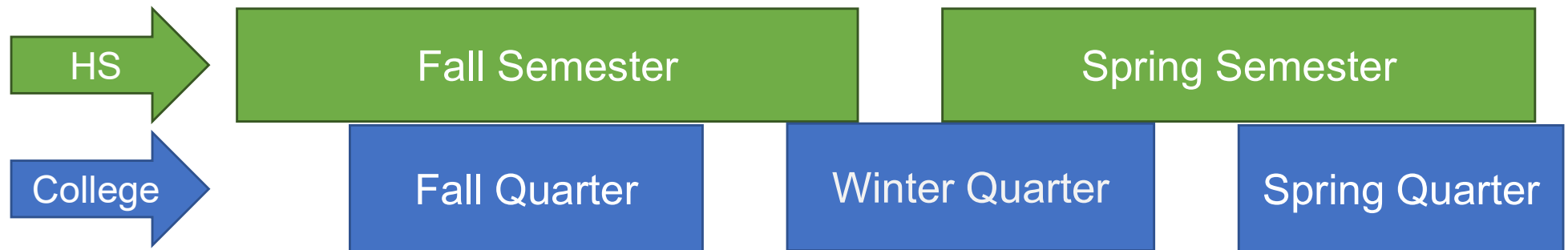
Online – Virtual (Synchronous)

A course that is provided online with required synchronous online live class meetings (i.e., Zoom) at specific times and days as noted on the class schedule along with asynchronous learning. All student work is submitted fully online.

In-Person

A course that is provided in a physical classroom. Instructors may elect to use internet-based resources to supplement instruction and/or collect assignments.

Academic Calendars



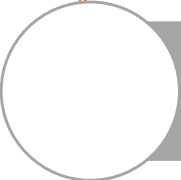
When taking classes at the high school and the college simultaneously, breaks between terms do not line up.

Students are expected to attend college classes even when the high school is on break.

Other Issues to Consider



The high school has final authority on high school graduation requirements. Students must work closely with their high school counselor.



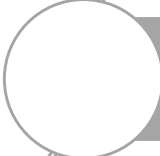
College classes are designed for adult learners. Class content will not be censored for younger students.



Poor performance can jeopardize high school graduation and future college plans or scholarship opportunities.



FERPA: Federal privacy law limits parent and guardian access to educational information about students.



Access Services are available for students with IEP or 504 status but might look different than what is provided by the high school.

What does it cost?

Student and/or family is responsible for the cost of:

Textbooks &
Supplies

Registration &
Course Fees

Transportation

Tuition
exceeding
allowed credit
limits*

*Running Start pays for a maximum of 21 credits. The amount of credit paid for depends on how many classes the student is taking at the high school. This will be outlined on the quarterly Enrollment Verification Form (EVF).

Fee Waiver & Book Loan Program

For students who qualify for Free or Reduced-Priced Lunch at the high school.

- All registration and course fees waived.
- Borrow books & some materials from Running Start Office at no charge.

Must have fee waiver form signed by high school counselor or have counselor indicate student qualifies for FRPL on quarterly Enrollment Verification Form (EVF).

How to get started:

Step 1: Apply

- Fill out online application to South Seattle College and receive ctLink ID# (student ID)

Step 2: Establish Placement

- Take the English and Math Directed Self-Placement (DSP) tools & place into college level courses

Step 3: Complete & Submit Enrollment Packet

- Complete online enrollment packet found on the SSC Running Start site
- Must have a fully completed Enrollment Verification Form (EVF) signed by the student, a parent/guardian, and high school counselor (*required quarterly*)

Step 4: Meet with an Advisor

- Once your enrollment paperwork has been processed, you will be provided with instructions to schedule a mandatory advising appointment to determine your first quarter class selection & complete registration

Step 5: Books & Materials

- Purchase or borrow required books and materials for your classes

Step 6: Complete Running Start New Student Orientation

- It is essential to complete the online (via Canvas) Running Start New Student Orientation to get familiarized with campus resources, processes, and policies

Enrollment Verification Form (EVF)



Washington Office of Superintendent of
PUBLIC INSTRUCTION

2023-24 Running Start Enrollment Verification Form

Student	Student Name: _____ Last Name First Name MI		<input type="checkbox"/> Check if this is a revision																																																																																																										
	Home Phone: _____ Cell Phone: _____		<input type="checkbox"/> New Student																																																																																																										
Email Address: _____ High School SID#: _____		<input type="checkbox"/> Returning Student																																																																																																											
Responsible Parent/Guardian: _____		<input type="checkbox"/> Student Enrolled in Multiple Colleges																																																																																																											
College: _____ College SID #: _____		<input type="checkbox"/> Spring Quarter Eligibility Adjustment Form (SQEAF) attached.																																																																																																											
High School Counselor & Running Start Advisor/Rep	Free and Reduced-Price Lunch (FRPL) Status (required to be completed) Students who are currently FRPL-eligible (or anytime in the past five school years) may receive tuition and fee waivers from a college. Is the student currently or previously eligible for FRPL? <input type="checkbox"/> Yes <input type="checkbox"/> No HS Counselor Initials: _____ <i>The parent or guardian signature below provides permission to share FRPL eligibility status only with the college for the purpose of ensuring access to tuition and/or fee waivers. Choosing not to sign the consent will not affect the student's eligibility for access to Running Start or free and reduced-price meals. The individuals and programs receiving the information will not share the information with any other entity or program.</i>		Running Start Funding Limit Table																																																																																																										
	Parent/Guardian Signature: _____ Date: _____		<table border="1" style="width:100%; border-collapse: collapse; font-size: 8px;"> <thead> <tr> <th colspan="2">Enrolled High School</th> <th colspan="2">Available College Enrollment</th> </tr> <tr> <th>Weekly Minutes based on high school bell schedule</th> <th>FTE</th> <th>Max Allowed FTE</th> <th>Max Credits</th> </tr> </thead> <tbody> <tr><td>0</td><td>8</td><td>0.00</td><td>0.00</td><td>1.40</td><td>21 *</td></tr> <tr><td>9</td><td>124</td><td>0.01</td><td>0.07</td><td>1.33</td><td>20 *</td></tr> <tr><td>125</td><td>224</td><td>0.08</td><td>0.13</td><td>1.27</td><td>19 *</td></tr> <tr><td>225</td><td>341</td><td>0.14</td><td>0.20</td><td>1.20</td><td>18</td></tr> <tr><td>342</td><td>457</td><td>0.21</td><td>0.27</td><td>1.13</td><td>17</td></tr> <tr><td>458</td><td>557</td><td>0.28</td><td>0.33</td><td>1.07</td><td>16</td></tr> <tr><td>558</td><td>674</td><td>0.34</td><td>0.40</td><td>1.00</td><td>15</td></tr> <tr><td>675</td><td>790</td><td>0.41</td><td>0.47</td><td>0.93</td><td>14</td></tr> <tr><td>791</td><td>890</td><td>0.48</td><td>0.53</td><td>0.87</td><td>13</td></tr> <tr><td>891</td><td>1,007</td><td>0.54</td><td>0.60</td><td>0.80</td><td>12</td></tr> <tr><td>1,008</td><td>1,123</td><td>0.61</td><td>0.67</td><td>0.73</td><td>11</td></tr> <tr><td>1,124</td><td>1,223</td><td>0.68</td><td>0.73</td><td>0.67</td><td>10</td></tr> <tr><td>1,224</td><td>1,340</td><td>0.74</td><td>0.80</td><td>0.60</td><td>9</td></tr> <tr><td>1,341</td><td>1,456</td><td>0.81</td><td>0.87</td><td>0.53</td><td>8</td></tr> <tr><td>1,457</td><td>1,556</td><td>0.88</td><td>0.93</td><td>0.47</td><td>7</td></tr> <tr><td>1,557</td><td>or more</td><td>0.94</td><td>1.00</td><td>0.40</td><td>6</td></tr> </tbody> </table> <p><small>* Students should check with college about the maximum number of credits allowed. Overages may require college approval.</small></p>			Enrolled High School		Available College Enrollment		Weekly Minutes based on high school bell schedule	FTE	Max Allowed FTE	Max Credits	0	8	0.00	0.00	1.40	21 *	9	124	0.01	0.07	1.33	20 *	125	224	0.08	0.13	1.27	19 *	225	341	0.14	0.20	1.20	18	342	457	0.21	0.27	1.13	17	458	557	0.28	0.33	1.07	16	558	674	0.34	0.40	1.00	15	675	790	0.41	0.47	0.93	14	791	890	0.48	0.53	0.87	13	891	1,007	0.54	0.60	0.80	12	1,008	1,123	0.61	0.67	0.73	11	1,124	1,223	0.68	0.73	0.67	10	1,224	1,340	0.74	0.80	0.60	9	1,341	1,456	0.81	0.87	0.53	8	1,457	1,556	0.88	0.93	0.47	7	1,557	or more	0.94	1.00	0.40	6
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High School: _____ Fall, Winter, Spring Qtr. / 1st or 2nd Sem.																																																																																																													
District: _____ Grade Level: <input type="checkbox"/> 11th <input type="checkbox"/> 12th <input type="checkbox"/> 5th Year Sr ²																																																																																																													
For the college term ^a above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE). Student may register for a maximum of _____ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE.																																																																																																													
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Student & Parent/Guardian	I understand that:																																																																																																												
	<ul style="list-style-type: none"> • The student is responsible for understanding when their choice of college course and credit load will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for: <ol style="list-style-type: none"> 1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or 2) withdrawing from the excess college or high school course(s). • The student is required to pay any class/lab fees charged for college classes. • Enrollment in specific college classes cannot be guaranteed—even if the classes are needed to fulfill high school graduation requirements. • To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor. • The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements. • If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer. • After completing the college coursework, students are responsible for requesting official college transcripts through the college's registrar office. 																																																																																																												
	<small>Per the U.S. Department of Education, "If a student is attending a postsecondary institution - at any age - the rights under FERPA have transferred to the student. However, in a situation where a student is enrolled in both a high school and a postsecondary institution, the two schools may exchange information on that student. If the student is under 18, the parents still retain the rights under FERPA at the high school and may inspect and review any records sent by the postsecondary institution to the high school. Additionally, the postsecondary institution may disclose personally identifiable information from the student's education records to the parents, without the consent of the eligible student, if the student is a dependent for tax purposes under the IRS rules."</small>																																																																																																												
I acknowledge that I have read and understand both sides of this form, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.																																																																																																													
Student Signature (REQUIRED) _____ Date _____		Parent/Guardian Signature (REQUIRED for students under 18) _____ Date _____																																																																																																											

Timeline and Planning

- ❑ Students can start any quarter
 - Registration for Fall begins mid-May – late-September
- ❑ Students must have English and/or Math placement, a completed and signed EVF, and other documentation (such as the Running Start contract) before meeting with an advisor at South
- ❑ Registration occurs on a quarterly basis
- ❑ Don't wait to register - classes fill up fast!

Running Start office is open all summer

Contact Info

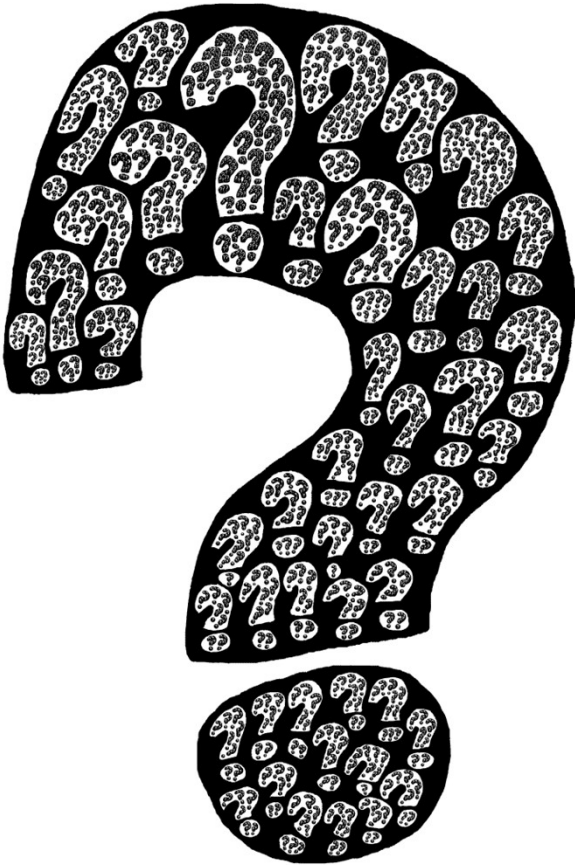
Website: <https://southseattle.edu/running-start>

Email: RunningStart.South@seattlecolleges.edu

Phone: 206-934-6478

Office Hours: Monday – Thursday: 8:00am – 4:00pm and
Friday: 8:00am – 12:30pm

Location: Robert Smith Building (RSB 02) in Advising center



Thank you!