Running Start Information Session

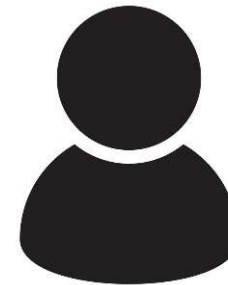South Seattle College — One of the Seattle Colleges

Running Start Team

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RS Program Specialist

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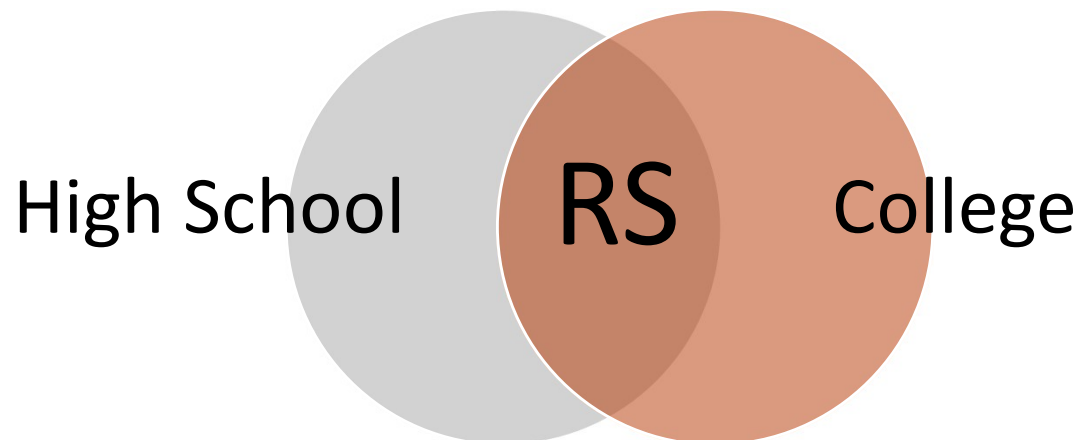# Topics Covered Today

- What is Running Start?

- Who can participate?

- What are the benefits?

- Issues to Consider

- What does it cost?

- How to get started

- Timeline and Planning

- Additional Resources

- Contact Information

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What is Running Start?

Dual Enrollment Program (like IB, AP, CIHS)

High School **RS** College

Complete high school graduation requirements while making progress toward a college level degree or certificate.
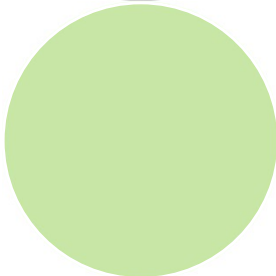Credits can be transferred to another college or university.

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Who can participate?
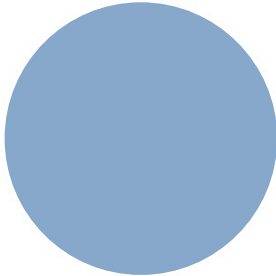
Students must have **Junior or Senior** standing (11th & 12th grade) from WA state **public high schools**
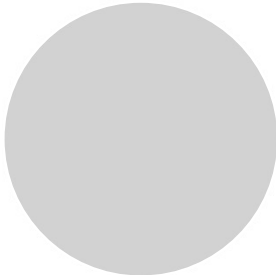
Students are eligible and welcome **regardless of residency or immigration status.**

Students are free to attend **any of the 34 Washington community or technical colleges**

Students must qualify for **college level courses** by taking a placement tool, SAT, ACT or Smarter Balanced Assessment.

Running Start will only pay for **college level courses**

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What are the benefits?

Academic

Social

Financial

❑ Gain college experience and demonstrate academic rigor on college applications.

❑ Earn up to two years of tuition-free college credit (students earn both HS and college credit for classes taken).

❑ Potential to earn an Associate degree or certificate.

❑ Take courses not offered at high school.

❑ Take part in both HS and college extracurricular activities.

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Sample College-Level Courses

American Ethnic Studies	Anthropology	Art	Astronomy	Biology
Chemistry	Communications	Computer Science	Economics	Environmental Science
History	Spanish	Political Science	Psychology	Sociology

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Sample Professional - Technical Programs

Aviation Maintenance	Automotive Technology	Culinary	Diesel & Heavy Equipment
	Landscape Horticulture	Welding	Wine Studies (18 or older)

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Issues to Consider

A student may be academically qualified for Running Start but may not be ready for college.

Academic Ability **+** Maturity **=** Success in RS

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Running Start

One 5.0 credit class at SSC is equivalent to one year at the high school (1.0 high school credit).

Courses move through content quickly!

College Course   **High School Credit**

One quarter *11 weeks* = One Year

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Time Management

Students may find the independence and speed of college classes overwhelming

College classes typically demand about 2 hours of studying for each hour of time in class

College courses require a greater degree of independent study compared to high school courses

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Course Modalities

Hybrid
A portion of class meetings take place on campus at specific days and times as noted in the class schedule (attendance required). Most hybrid classes meet once or twice a week, with the remaining class activity such as discussion, homework, and content delivery taking place online at the times when the student can log in using web-based tools.

Online – Asynchronous
A course where there are no specific on-campus or online class meeting times and days. Instructors provide content, set deadlines, facilitate online discussions, answer questions, grade, give feedback, and facilitate individual and group learning. Students work independently to complete assignments, group projects, quizzes, discussions, and other activities. These fully online classes do not require campus visits although some may require exams taken on campus or proctored elsewhere with pre-approval.

Online – Virtual (Synchronous)
A course that is provided online with required synchronous online live class meetings (i.e., Zoom) at specific times and days as noted on the class schedule along with asynchronous learning. All student work is submitted fully online.

In-Person
A course that is provided in a physical classroom. Instructors may elect to use internet-based resources to supplement instruction and/or collect assignments.

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Running Start

Academic Calendars

HS →	Fall Semester	Spring Semester

College →	Fall Quarter	Winter Quarter	Spring Quarter
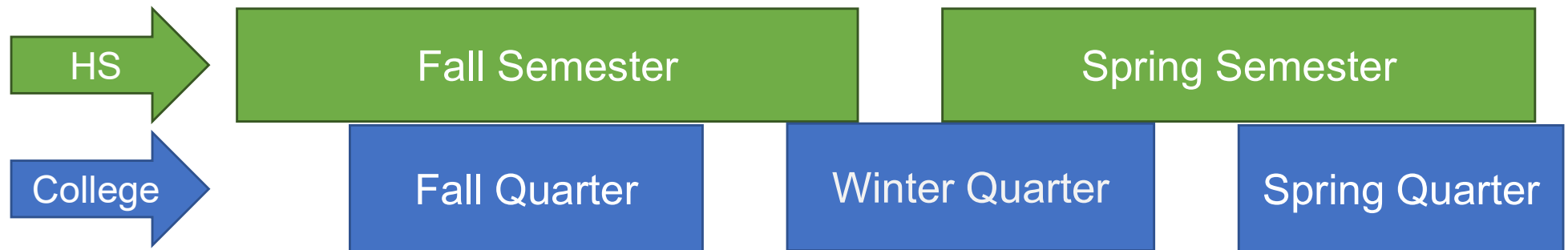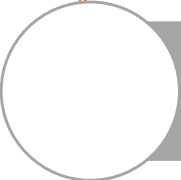
When taking classes at the high school and the college simultaneously, breaks between terms do not line up.

Students are expected to attend college classes even when the high school is on break.

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Other Issues to Consider

The high school has final authority on high school graduation requirements. Students must work closely with their high school counselor.
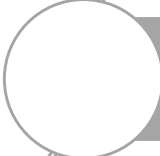
College classes are designed for adult learners. Class content will not be censored for younger students.

Poor performance can jeopardize high school graduation and future college plans or scholarship opportunities.

FERPA: Federal privacy law limits parent and guardian access to educational information about students.

Access Services are available for students with IEP or 504 status but might look different than what is provided by the high school.

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What does it cost?

Student and/or family is responsible for the cost of:

Textbooks & Supplies

Registration & Course Fees

Transportation

Tuition exceeding allowed credit limits*

*Running Start pays for a maximum of 21 credits. The amount of credit paid for depends on how many classes the student is taking at the high school. This will be outlined on the quarterly Enrollment Verification Form (EVF).

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Fee Waiver & Book Loan Program

For students who qualify for Free or Reduced-Priced Lunch at the high school.

- **All registration and course fees waived.**

- **Borrow books & some materials from Running Start Office at no charge.**

Must have fee waiver form signed by high school counselor or have counselor indicate student qualifies for FRPL on quarterly Enrollment Verification Form (EVF).

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How to get started:

Step 1: Apply
- Fill out online application to South Seattle College and receive ctcLink ID# (student ID)

Step 2: Establish Placement
- Take the English and Math Directed Self-Placement (DSP) tools & place into college level courses

Step 3: Complete & Submit Enrollment Packet
- Complete online enrollment packet found on the SSC Running Start site
- Must have a fully completed Enrollment Verification Form (EVF) signed by the student, a parent/guardian, and high school counselor (*required quarterly*)

Step 4: Meet with an Advisor
- Once your enrollment paperwork has been processed, you will be provided with instructions to schedule a mandatory advising appointment to determine your first quarter class selection & complete registration

Step 5: Books & Materials
- Purchase or borrow required books and materials for your classes

Step 6: Complete Running Start New Student Orientation
- It is essential to complete the online (via Canvas) Running Start New Student Orientation to get familiarized with campus resources, processes, and policies

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Enrollment Verification Form (EVF)

Timeline and Planning

❑ Students can start any quarter
  - Registration for Fall begins mid-May – late-September

❑ Students must have English and/or Math placement, a completed and signed EVF, and other documentation (such as the Running Start contract) before meeting with an advisor at South

❑ Registration occurs on a quarterly basis

❑ Don't wait to register - classes fill up fast!

Running Start office is open all summer

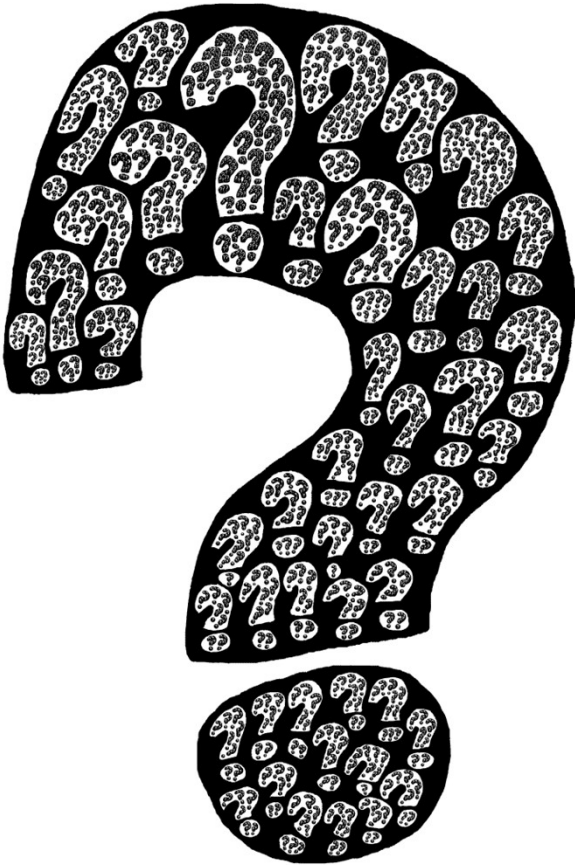SOUTH SEATTLE COLLEGE
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Contact Info

Website: https://southseattle.edu/running-start

Email: RunningStart.South@seattlecolleges.edu

Phone: 206-934-6478

Office Hours: Monday – Thursday: 8:00am – 4:00pm and
Friday: 8:00am – 12:30pm

Location: Robert Smith Building (RSB 02) in Advising center

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Thank you!

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