

Students! *A Fall Wellness Week Event*

Make your own snack pack

9:00 AM-2:00 PM, MON
9:00 AM - 4:30 PM, TUES.-THURS
9:00-12:30 FRI

RSB 12 -
AANAPISI
CENTER



Having a small snack while studying can help improve our memory, energy levels, concentration, and mental health.

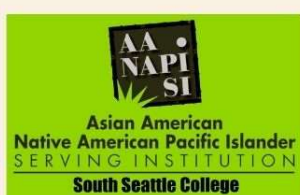
Drop-in AANAPISI to make a snack pack of all sorts of brain foods (and maybe some surprises!) to pick from daily December 4-8. Open to all students-- we believe in you! ❤️



Questions

aanapisi.south@seattlecolleges.edu
<https://southseattle.edu/aanapisi>

Scan for more information on
AANAPISI and our AAPI cohort



Seattle Colleges is committed to the concept and practice of equal opportunity and reasonable accommodation for all its students, employees, and applicants in education, employment, services, and contracts. Visit www.seattlecolleges.edu/nds for full statement.

AANAPISI is 100% federally funded by the U.S. Department of Education in the amount of \$300,000 per year for a period of five years (Oct. 2021-Sept 2026) and is administered by South Seattle College