

# Asian-American & Pacific Islander (AA&PI) Heritage Month at South

Hosted by AANAPISI | Spring 2021

## A&PI Lunch Gathering 11:00AM - 12:00PM

Bring your lunch, log onto Zoom, and meet and chat with the AANAPISI staff and other South community members and students to relax, hang out, and share space.



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MAY  
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## #StopAsianHate

10:00AM - 11:30AM

Since COVID-19, the Asian community has experienced heightened racist attacks, including hateful rhetoric and physical violence, including a mass hate-related shooting. Join us for a group discussion in a safe and supportive environment.

## Anti-Blackness in the NH&PI Community

11:00AM - 12:00PM

Black Lives Matter. Join us for a discussion about the history of anti-Blackness in the Native Hawaiian & Pacific Islander communities and how we can support the Black community.



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**BLACK  
LIVES  
MATTER**

MAY  
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## Mindfulness: Culturally Relevant Self-Care Activities

10:00AM - 11:00AM

With the end of the school year coming up, join us for a very interactive community gathering to learn about and participate in culturally relevant mindfulness and self-care activities.

RSVP for an event here: <https://tinyurl.com/APIHeritageSouth>  
All events will be hosted virtually!